

ZC 2026: Session: 5: COACH evaluation sheet for TEAM: VZV

Coachinfo: Warming up from: 08:15 untill 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vansteenland Annelies HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 42: 50M BACKSTROKE MEN 15+		Heat:4, starttime: 10:28
Heat: 4/7 Lane : 5 Athlete: NEYRINCK LOÏCK		Q-time: 00:33:87
PB (50m pool): 00:33.87 Antwerpen 15/03/2026		PB (25m pool): 00:40.30 SB: 00:33.87 Antwerpen 15/03/2026
	5 0 M	
PB	00:33.87	
	00:33.87	
		

Coach feedback:

Event number: 44: 50M BUTTERFLY MEN 15+		Heat:3, starttime: 10:56
Heat: 3/11 Lane : 4 Athlete: THIEREN KASPER		Q-time: 00:34:02
PB (50m pool): 00:34.02 Antwerpen 15/03/2026		PB (25m pool): 00:37.20 SB: 00:34.02 Antwerpen 15/03/2026
	5 0 M	
PB	00:34.02	
	00:34.02	
		

Coach feedback:

Event number: 44: 50M BUTTERFLY MEN 15+		Heat:5, starttime: 10:59
Heat: 5/11 Lane : 5 Athlete: GARMYN LEON		Q-time: 00:32:31
PB (50m pool): 00:32.31 Antwerpen 15/03/2026		PB (25m pool): 00:32.61 SB: 00:32.31 Antwerpen 15/03/2026
	5 0 M	
PB	00:32.31	
	00:32.31	
		

Coach feedback:

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Event number: 44: 50M BUTTERFLY MEN 15+							Heat:6, starttime: 11:00		
Heat: 6/11 Lane : 4 Athlete: GERMONPRé ACHIEL							Q-time: 00:31:79		
PB (50m pool): 00:31.79 Antwerpen 15/03/2026							PB (25m pool): 00:33.51SB: 00:31.79 Antwerpen 15/03/2026		
	5 0 M								
PB	00:31.79								
	00:31.79								
									

Coach feedback: